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Verisana GmbH • Spitalerstraße 9 • 20095 Hamburg	Surname, First name	Doe, John
John Doe	DOB	01-01-1990
Samplestreet 1 12345 Sample Town	Sex	male
UK	Lab number	2-73177
	Report date	25-10-2023

# Laboratory report

Enclosed you will find the results of your laboratory examination. In addition to your results, you will also receive a summary of the correlating effects, regarding the tested parameters. These are compiled without any knowledge on the clinical background and as such, may only be used as an interpretation aid. In case of health problems, please consult a doctor or practitioner for medical treatment and accompaniment for making the best decisions for your health. We explicitly warn against beginning, suspending, or changing any medication or therapy without consulting your doctor or practitioner.

**Test:** Parasite Check

Sample material: Stool Date collected: 17-10-2023

#### Date received: 18-10-2023

Analyte	Result	Reference Range	Result
Parasitic Infections			
Blastocystis hominis	detected	not detected	$\bigcirc \bigcirc \bigcirc$
Cryptosporidium spp.	not detected	not detected	
Giardia lamblia	not detected	not detected	
Entamoeba histolytica	not detected	not detected	
Dientamoeba fragilis	nicht nachgewiesen	not detected	
Parasitic Worms			
Ascaris	not detected	not detected	
Clonorchis/Opisthorchis	nicht nachgewiesen	not detected	

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Analyte	Result	Reference	Range	Result		
Diphyllobothrium	nachgewiesen	not detected	ł	$\bigcirc$	$\bigcirc$	
Fasciola/Fasciolopsis	nicht nachgewiesen	not detected	ł		$\bigcirc$	$\bigcirc$
Hookworm	not detected	not detected	ł		$\bigcirc$	$\bigcirc$
Hymenolepsis	nicht nachgewiesen	not detected	ł		$\bigcirc$	$\bigcirc$
Schistosoma	nicht nachgewiesen	not detected	ł		$\bigcirc$	$\bigcirc$
Strongyloides	nicht nachgewiesen	not detected	ł		$\bigcirc$	$\bigcirc$
Taenia	nicht nachgewiesen	not detected	ł		$\bigcirc$	$\bigcirc$
Trichostrongylus	nachgewiesen	not detected	ł	$\bigcirc$	$\bigcirc$	
Trichuris	nicht nachgewiesen	not detected	ł		$\bigcirc$	$\bigcirc$
Other Parasites	not detectet	not detected	ł		$\bigcirc$	$\bigcirc$

# **Blastocystis hominis**

Blastocystis hominis is a common unicellular parasite with widespread geographic distribution. No distinct syndrome has come to be associated with B. hominis infection and its role in causing disease is still being researched and controversial among experts. Most People with Blastocystis are asymptomatic. According to current knowledge, treatment is only necessary if long-lasting symptoms are related to Blastocystis.

# Cryptosporidium spp.

Cryptosporidium species, commonly known as "crypto", are one of the leading causes of waterborne disease outbreaks. There is no evidence of infection.

# Giardia lamblia

Giardia lamblia is one of the most common intestinal parasites and causes a variety of intestinal symptoms, which include diarrhea, stomach or abdominal cramping, nausea, vomiting, and dehydration. There is no evidence of infection.

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# Entamoeba histolytica

There is no evidence of Entamoeba histolytica in the specimen.

#### Dientamoeba fragilis

Dientamoeba fragilis was not detected in the sample.

#### Ascaris

Ascaris lumbricoides (roundworm) was not detected in the specimen. Roundworm infection is the most common worm disease worldwide. They are transmitted through contaminated food.

#### Clonorchis/Opisthorchis

The trematodes of the genus Clonorchis and Opisthorchis could not be detected. These are parasitic flat worms, which are also frequently referred to as liver flukes. While the representatives of the genus Opisthorchis occur mainly in Europe and Asia, Clonorchis is endemic to the Far East.

#### Diphyllobothrium

Diphyllobothrium latum was detected in the sample. This is the causative agent of diphyllobothriosis. This is the infection of humans with the fish tapeworm caused by the consumption of raw or insufficiently heated fish.

#### Fasciola/Fasciolopsis

Die Trematoden Fasciola (Großer Leberegel) und Fasciolopsis (Riesendarmegel) lassen sich mikroskopisch kaum voneinander unterscheiden, sind jedoch in unterschiedlichen Regionen verbreitet. Während Fasciola vor allem in Europa, Afrika, China und Südamerika zu finden ist, kommt Fasciolopsis in vielen Gebieten Asiens und auf dem indischen Subkontinent vor. In der Probe konnten die Trematoden nicht festgestellt werden.

#### Hookworm

Hookworm infections are due to two different worm species that are difficult to distinguish microscopically. While Necator americanus occurs mainly in Central and South America, West Africa and Southeast Asia, Ancylostoma duodenale is found mainly in the Middle East, Southeast Asia, North Africa and Southern Europe. Neither Necator americanus nor Ancylostoma duodenale could be detected in the sample.

#### **Hymenolepsis**

The dwarf tapeworm Hymenolepsis nana is the most common human cestode. It has a worldwide distribution but causes infections mainly in tropical and subtropical regions with in poor sanitary conditions. There is no evidence of infection in the sample.

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#### Schistosoma

There was no evidence of infection with schistosomiasis in the sample. This is an infection with leeches of the genus Schistosoma acquired transcutaneously while swimming or wading in contaminated fresh water.

#### Strongyloides

The threadworm (Strongyloides sp.) is distributed mainly in the tropics. The worm is more rarely found in Europe (especially in mines), where it is responsible for family or community infections. No eggs of the threadworm were detected in the sample.

#### Taenia

No ova of Taenia saginata and/or Taenia solium (bovine or porcine tapeworm, respectively) could be detected in the sample. The worms are transmitted, among other things, through the consumption of raw meat or contaminated food.

#### Trichostrongylus

Ova of the genus Trichostrongylus have been detected in the stool. Trichostrongylus spp. are widespread intestinal nematodes that infect herbivorous domestic and wild animals worldwide. However, some species of the genus Trichostrongylus are also capable of infecting humans, including T. orientalis, T. colubriformis, and T. axei. Although most infections with Trichostrongylus sp. are asymptomatic, you should seek medical attention.

# Trichuris

No ova of the whipworm Trichuris trichiura could be detected in the stool. Infections with Trichuris trichiura occur mainly in tropical or subtropical developing countries where human feces are used as fertilizer. Unsanitary conditions may also promote fecal-oral transmission or through fecal-contaminated food.

#### **Other Parasites**

No other worm ova or other parasites could be detected.

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